Newsletter 59 October 2019

Jonthly Newslett:

		DATES FOR DIARY - NOVEMBER 20	019
M-F	4-8	Yr12 English Literature Controlled Assessment	
Tu-F	5-8	GCSE Food & Nutrition Practical Exam	
Tu	5	Senior Drama Performance and Rehearsals	
W	6	Senior Drama Performance	
Th	7	Senior Maths Challenge Yrs13-14	
Sa	9	1 st AQE Assessment	10.00-11.00
M-F	11-15	Anti-Bullying Week	
Tu	12	Kids' Lit Quiz	1.00-5.00
Sa	16	Charity Concert (Music)	7.30
Tu	19	Yr14 Interview Skills	Periods 1-6 and from 5.30
W	20	Holywood Music Festival: Traditional Group	
Sa	23	2 nd AQE Assessment	10.00-11.00
М	25	School Examinations begin for Yrs8-14	
F	29	School Examinations finish for Yrs8-10 and Yr13	
F	29	British Mathematical Olympiad Round 1 - Senior Kangaroo	
Sa	30	3 rd AQE Assessment	10.00-11.00

BIG SING



On Thursday

27 June 2019 we held the Big Sing. We had been contacted by Inspire who were doing singing workshops for groups of up to 30 to promote positive body image but we

thought it would be great to involve the whole school and so suggested to Inspire that we would like to have a whole school choir and that meant Year groups 8-11 or 600 pupils! They bravely took this on and the video can be viewed on our school website.

https://sullivanupper.co.uk/parents/latestnews/857-big-sing

In the afternoon to carry on our theme of promoting good mental health we held HIIT sessions on the front pitches. These sessions focussed on how exercise can promote good mental health and help in reducing stress and anxiety. We had glorious weather and the whole day was embraced by both pupils and staff.

POETRY ALOUD

Year 9 and 10 students had an enjoyable day at the Poetry Aloud regional heats held at the Linen Hall Library, Belfast on Monday 14 October 2019. Year 9 students Rebecca Beggs, Joshua Andrews and Charlie Beimers along with Year 10 students Luke McDowell and Freya Marshall took part and were up against fierce competition in what the assessors described as a very competitive heat with many worthy performances.

All pupils performed to a very high standard and had clearly put

in a lot of practice prior to the competition. We are especially delighted that Year 9 pupil Joshua Andrews delivered an excellent performance and has secured a place in the Poetry Aloud semi-finals to be held in Dublin next month. Well done Joshua!







Creative Writing Club

It's Creative Writing Club. The speakers for this workshop were Michael McCartney (father of Dylan and Louis) and his writing partner, John Cairns. For this meeting we were joined by students from the Drama and Moving Image Arts classes, who benefited greatly form the expertise of these award winning screen writers. The pupils thoroughly enjoyed what



Congratulations to Niamh Fenlon (10C) who represented Northern Ireland and Ulster in the U15 British Hexathlon recently.

Congratulations to George Saunderson (Yr 14) who has been selected to attend an Ireland U19s camp being held in Dublin.

was a most enlightening and interesting session on how screen writers come up with ideas and how to begin crafting a story. We all agreed that we will never be able to watch a film again without looking out for the fifteen minute segments!

The 1st XI hockey squad had a very enjoyable **tour in Edinburgh** from the 17-20 October 2019. As well as taking in many of the historic and well known sights they played 2 very competitive matches against Inverleith and Grange hockey clubs, coming out with a win and a draw.





Congratulations to Tara McDonough (Yr12) on her recent selection for the NI & Ulster Mountain Running Team (U17) at the British & Irish Championships at Llanberis in Wales.

It was a gruelling 7.1km course with 447m of ascent with a

technically demanding 554m descent. With another year in this age group, this was a great experience for Tara and augurs well for the young Ulster team.

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The **RYA Youth Championships** are the final event in the sailing calendar each year. This year they where held in Strangford Lough Sailing Club on the 20/21 September 2019. Over 150 Sailors took to the water, racing over two days with a total of 6 races being held in the various classes.

This is the first year that Sullivan has ever won the Schools Cup, a highly fought over trophy, they did so due to the success of their senior boys and the great results in the junior classes forcing Larne Grammar and Belfast High into 2nd and 3rd place respectively.

On summing up the event Matt McGovern the NI High Performance Manager, wrote "with such a great depth of competition in the Topper and Laser Classes it looks like these fleets are set to keep producing some of the top sailors of the future "

The Schools Cup was presented by Mary Martin (RYA Development Officer)





<u>Laser Radial</u> Adam Lockhart 3rd Sam Rutherford 9th

<u>Topper 4.2</u> Bobby Driscoll 1st

<u>Topper 5.3</u> Max Killiner 8th Toby Hughes 14th William Sheridan 30th

<u>Regatta Fleet</u> Sophia Cahill 8th Charlie Brown 13th Finn Neely 16th

GCSE Moving Image Arts Special Effects Workshop

Had you walked into Art room 1 on Tuesday 1 October 2019, you may have thought you were seeing the result of a post apocalyptic zombie infestation.

Partnering with Cinemagic's school programme, the GCSE Moving Arts pupils had the opportunity to work first hand with industry professionals and makeup artists to develop their skills and knowledge of creating authentic looking scars, bites and lacerations. With a strong focus on genre conventions at GCSE Moving Image Arts, this workshop has equipped our students with new and exciting skills that will surely enhance the production values of their own short films.



No doubt there were a few concerned parents though when these photos were sent home!



SWIMMING SUCCESS

The following pupils represented the school at the annual Swim Ulster Schools Championship Gala this month.

Year 8 - Grace Latimer, Erin Bond, Elyse Labrooy, Daniel Cousins, Ryan McDowell

Year 9 - Katie Miskelly, Emily Cairns, Eden Day, Zoe Alderdice, Gene Smyth, Oliver Duffield, Sam Harper

Year 11 - Evan Coulter, Gethin Llovd

Year 12 - Rachel Wolseley, Rachel White

Year 13 - Anna Park, Emma Montgomery, David Stinson

Year 14 - Tom Uprichard

Particular congratulations to the following:

Junior Boys (Oliver Duffield, Gene Smyth, Sam Harper and Ryan McDowell) who came 3rd in the Junior Boys Freestyle Relay;

Senior Girls (Anna Park, Emma Montgomery, Rachel Wolseley and Rachel White) who came 3rd in the Senior Girls Freestyle Relay;

Senior Boys (Tom Uprichard, David Stinson, Evan Coulter and Gethin Lloyd) who came 3rd in the Senior Boys Freestyle Relay;

Tom Uprichard who came 1st in the Senior Boys 200IM and 2nd in the Senior Boys 100 Freestyle **Emma Montgomery** who came 3rd in the Senior Girls 100 Butterfly **Gene Smyth** who came 3rd in the Junior Boys Freestyle.









HOUSE MUSIC COMPETITION

On Wednesday 23 October our annual House Music Competition took place. The competition was adjudicated by Mr Gary Mills and the four houses competed in friendly competition for the House Music Cup. Ben Simms, playing the drums, won the instrumental solo for Speers. Grant

won the ensemble with a beautiful harmonised rendition of Valerie. Reuben Curran for Praeger was fantastic and won the vocal solo section singing Waving Through A Window. Speers won the Pop

Group section with their Jackson 5 songs and McAlester were the victorious choir singing September. A huge well done to all the competitors and house officials on another successful competition. The overall winners for House Music 2019 were Speers and they are pictured right with the House Music Trophy.



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A Level Art & Design Print Workshop

On 15 October 2019, A Level art and design pupils had the opportunity to work with and learn from one of Seacourt

Print Workshop's resident artists, Penny Bewill. The pupils spent the afternoon viewing samples of Penny's work and creating their own drypoint prints and



assembling a body of work that will be used to add further diversity to their already exciting portfolios.

A Level Geography News

October is a busy month for our Sixth Form geographers, with over 80 students studying geography the department provides a wide variety of activities. Year 13 students attended a Geographical Association lecture at Queen's University which focused on Urban Challenges, studying the redevelopment of Belfast's



waterfront. Year 14 attended another lecture in the GA Autumn series by Professor Cherith Moses from Edgehill University which looked at Coastal Landscapes and focused on coastal management and the resilience of the



coast to deal with climate change.

Year 13 Geographers at QUB (above). Year 14 Geographers ready for their lecture (left).

A2 Geography Fieldwork

Year 14 geographers spend a day on the

North Coast investigating coastal processes, landforms, management and local geology.



NETBALL NEWS Well done to the Senior Netball team who played the Sports Academy George team recently in a touring



fixture. It was a competitive game and very enjoyable for all of those involved.

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