

1st September 2009

Dear Parent, Guardian or Carer,

SWINE FLU

With the summer holidays now at an end and the number of swine flu cases in the U.K. continuing to rise, the Department of Education has issued guidance to parents/guardians/carers with children at School. A copy of this guidance is enclosed.

The most important advice we have been given is

- Arrangements should be made for children who develop flu-like symptoms at school to be taken home as soon as possible.
- Children who have symptoms of flu-like illness should stay away from school until they have recovered and are free of symptoms. Parents should, if necessary, seek medical advice. Please ensure the school is informed.
- **Ensure that the school has the most up to date emergency contact telephone numbers**
- Parents and schools can play their part and help reduce the spread of all viruses, including swine flu by encouraging children to practise good personal hygiene by:
 - Washing their hands frequently with soap and water to reduce the spread of virus from their hands to their face or to other people;
 - Covering their nose and mouth when coughing or sneezing and to use a tissue when possible;
 - Disposing of used tissues quickly and carefully;

It is important to point out that swine flu has to date, been a relatively mild illness, and as far as possible Sullivan Upper School plans to manage for 'business as usual'.

Yours sincerely,

J S Stevenson

Principal